7th International Congress of Internal Medicine of Central Greece

MARCH 19-21, 2015
Larissa Imperial Hotel
LARISSA, GREECE

http://www.internalmedicine-uth.gr

Under the auspices of the:
- UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE
- HELLENIC SOCIETY OF INTERNAL MEDICINE
- INTERNAL MEDICINE SOCIETY OF NORTHERN GREECE

The Congress has been accredited with 15 CME credits by the Panhellenic Medical Association

Final Programme
14:00 Registration

14:30 - 16:00 ORAL PRESENTATIONS

OP01 - OP09 Hall OLYMPOS

CARDIOVASCULAR DISEASES

Chairpersons: George Liamis (Ioannina, Greece)
George Ntaios (Larissa, Greece)

OP01 BASELINE CHARACTERISTICS AND OUTCOMES OF PATIENTS WITH ACUTE ISCHEMIC STROKE TREATED WITH INTRAVENOUS THROMBOLYSIS IN THE DEPARTMENT OF MEDICINE OF THE UNIVERSITY OF THESSALY

1 G. Ntaios, 1 A. Karagiannaki, 1 K. Makaritsis, 1 G. N. Dalekos, on behalf of the medical personnel of the Department of Medicine of the University of Thessaly

1 Department of Medicine, University of Thessaly School of Medicine, Larissa, Greece

OP02 PROGNOSTIC VALUE OF 24-H ABPM IN ACUTE ISCHEMIC STROKE: A SYSTEMATIC REVIEW AND META-ANALYSIS

1 N. Kakaletsis, 2 G. Ntaios, 3 H. Milionis, 4 A.-B. Haidich, 2 K. Makaritsis, 1 C. Savopoulos, 5 E. Berge, 1 A. I. Hatzitolios

1 First Propedeutic Department of Internal Medicine, AHEPA University Hospital, Thessaloniki, Greece
2 Department of Medicine, University of Thessaly, Larissa, Greece
3 Department of Internal Medicine, University Hospital of Ioannina, Ioannina, Greece
4 Department of Hygiene and Epidemiology, Aristotle University of Thessaloniki, Greece
5 Department of Internal Medicine, Oslo University Hospital, Oslo, Norway
OP03  STATIN TREATMENT IS ASSOCIATED WITH IMPROVED PROGNOSIS IN PATIENTS WITH AF-RELATED STROKE
1 G. Ntaios, 1 V. Papavasileiou, 1 K. Makaritsis, 1 A. Karagiannaki,
2 H. Milionis, 3 E. Manios, 4 P. Michel, 5 G.Y.H. Lip, 3 K. Vemmos
1 Department of Medicine, University of Thessaly, Larissa, Greece
2 Department of Medicine, University of Ioannina, Ioannina, Greece
3 Department of Clinical Therapeutics, University of Athens, Athens, Greece
4 Acute Stroke Unit, CHUV, University of Lausanne, Lausanne, Switzerland
5 University of Birmingham Centre for Cardiovascular Sciences, City Hospital, Birmingham, United Kingdom

OP04  POOR STROKE RISK PERCEPTION DESPITE MODERATE PUBLIC STROKE AWARENESS: INSIGHT FROM A CROSS-SECTIONAL NATIONAL SURVEY IN GREECE
1 G. Ntaios, 1 V. Melikoki, 1 A. Karagiannaki, 1 G. Perifanos, 1 K. Perlepe,
2 F. Gioulekas, 1 I. Tsantzali, 1 C. Lazarou, 1 N. Beradze, 1 E. Poulianiti,
1 M. Poulakakou, 1 T. Palantzas, 1 S. Kaditi, 1 F. Perlepe, 1 G. Sidiropoulos,
1 K. Papageorgiou, 1 V. Papavasileiou, 1 K. Vemmos, 1 K. Makaritsis,
1 G. N. Dalekos
1 Department of Medicine, University of Thessaly, Larissa, Greece
2 Sub-Directorate of Informatics, General University Hospital of Larissa, Greece

OP05  COMORBIDITY ANALYSIS AND LONG-TERM MORTALITY IN ACUTE ISCHEMIC STROKE: DATA FROM THE ACUTE STROKE REGISTRY AND ANALYSIS OF LAUSANNE (ASTRAL)
1 N. Kakaletsis, 2 V. Papavasileiou, 3 D. Lambrou, 3 A. Eskandari,
2 G. Ntaios, 3 P. Michel
1 Department of Clinical Neurosciences and Preventive Medicine, Danube University in Krems, Austria
2 Department of Medicine, University of Thessaly, Larissa, Greece
3 Stroke Center, Neurology Service, Centre Hospitalier Universitaire Vaudois and University of Lausanne, Lausanne, Switzerland

OP06  VASCULAR ULTRASOUND DETERMINANTS OF BRAIN INFARCTION IN HYPERTENSION DIABETIC PATIENTS
1 G. Dimas, 2 T. Tegos, 1 G. Konstantinidis, 1 I. Kanellos, 1 F. Iliadis,
1 S. Fotiadis, 1 C. Savopoulos, 1 A. Hatzitolios
1 1st Propaedeutic Internal Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
2 1st Neurology Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
OP07  SERUM VISFATIN CONCENTRATION IS ASSOCIATED WITH AN AThEROGEnIC METABOLIC PROFILE
1 T. Filippatos, 1 F. Barkas, 1 A. Liontos, 1 E. Klouras, 1 V. Tsimihodimos,
1 M. Georgoula, 1 Z. Mitrogianni, 2 A. Tselepis, 1 M. Elisaf
1 Internal Medicine School of Medicine, University of Ioannina, Ioannina,
Greece
2 Laboratory of Biochemistry, Department of Chemistry, University of
Ioannina, Ioannina, Greece

OP08  THE USE OF EZETIMIBE BOOSTS THE RATE OF THE ESC/EAS LDL-C
TARGET ACHIEVEMENT TOGETHER WITH THE RATE OF LDL-C
LOWERING RESPONSE SUGGESTED BY THE ACC/AHA IN HIGH
RISK INDIVIDUALS
1 F. Barkas, 1 E. Klouras, 1 H. Milionis, 1 G. Liamis, 1 M. Elisaf,
1 E. Liberopoulos
1 Internal Medicine, School of Medicine, University of Ioannina,
Ioannina, Greece

OP09  INVESTIGATION OF THE PRESENCE OF ISCHEMIC HEART DISEASE
BY THE 1H NMR-BASED LIPIDOMICS OF RED BLOOD CELL
MEMBRANES
1 Ι. Kastani, 1 C. Kostara, 2 J. Baltogiannis, 2 V. Tsimihodimos, 2 M. Elisaf,
2 J. Goudevenos, 1 E. Bairaktari
1 Laboratory of Clinical Chemistry, Medical School, University of
Ioannina, Ioannina, Greece
2 Department of Internal Medicine, Medical School, University of
Ioannina, Ioannina, Greece

16:00 - 16:30  STATE-OF-THE-ART LECTURE
Hellenic Stroke Organization
Chairperson: Konstantinos Vemmos (Athens, Greece)
Predictors of early major worsening in acute ischemic stroke
Patrik Michel (Lausanne, Switzerland)

16:30 - 17:00  Coffee break

17:00 - 17:30  SATELLITE LECTURE
Antiplatelet treatment in secondary stroke prevention:
the role of Triflusal
Sponsored by Galenica SA
### ROUND TABLE
**Clinical dilemmas in anticoagulation treatment in the era of NOACs**

**Chairpersons:**
- Valeria Caso (Perugia, Italy)
- Stavros Konstantinides (Alexandroupolis, Greece)

- Management of anticoagulation during elective interventional procedures
  - George Ntaios (Larissa, Greece)

- Antithrombotic treatment in patients with coronary artery disease and atrial fibrillation
  - John Goudevenos (Ioannina, Greece)

- How and when should we restart anticoagulants after an anticoagulant-related intracranial hemorrhage
  - Valeria Caso (Perugia, Italy)

**MCQ voting system available**

### STATE-OF-THE-ART LECTURE

**Chairperson:** Konstantinos Gourgoulianis (Larissa, Greece)

- Recent advances in diagnosis and management of pulmonary embolism
  - Stavros Konstantinides (Alexandroupolis, Greece)

### OPENING CEREMONY

- **Welcome**

  **Inaugural Lecture**
  The Long Journey of Hepatology: From the 1960s to our days
  - Stephanos J. Hadziyannis (Athens, Greece)

- **WELCOME RECEPTION**
  Larissa Imperial Hotel

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7th International Congress of Internal Medicine of Central Greece, March 19-21, 2015, Larissa, Greece
08:00 - 09:30  ORAL PRESENTATIONS

OP10-OP18  Hall OLYMPOS

HEPATOLOGY
Chairpersons: Evangelos Cholongitas (Thessaloniki, Greece) Maria Schina (Athens, Greece)

OP10  DECREASED SERUM DNASE1 ACTIVITY IN PATIENTS WITH AUTOIMMUNE LIVER DISEASES
1 N. K. Gatselis, 2 A. G. Vakrakou, 1 K. Zachou, 2 T. Androutsakos, 1 K. Azariadi, 2 G. Hatzis, 2 M. N. Manoussakis, 1 G. N. Dalekos
1 Department of Medicine and Research Laboratory of Internal Medicine, Medical School, University of Thessaly, Larissa, Greece
2 Department of Pathophysiology, School of Medicine, University of Athens, Athens, Greece

OP11  LONG-TERM OUTCOME OF PATIENTS WITH AUTOIMMUNE HEPATITIS RECEIVING MYCOPHENOLATE MOFETIL (MMF) AS FIRST LINE TREATMENT
1 K. Zachou, 1 N. Gatselis, 1 S. Gabetta, 1 A. Saitis, 1 E.I. Rigopoulou, 2 G.K. Koukoulis, 1 G. N. Dalekos
1 Department of Medicine and Research Laboratory of Internal Medicine, Medical School, University of Thessaly, Larissa, Thessaly, Greece
2 Department of Pathology, Medical School, University of Thessaly, Larissa, Greece

OP12  A RARE SIDE EFFECT OF THE SKIN POSSIBLY ASSOCIATED WITH THE USE OF URSODEOXYCHOLIC ACID DURING TREATMENT OF PRIMARY BILIARY CIRRHOSIS
1 X. Koufomichali, 1 S. Kokkoris, 1 E. Mouka, 1 G. Katsourinis, L. Karasavidou, 1 C. Champakis, 1 C. Karampampa,
1 A. Elefteriadou, 2 C. Kaliouli, 1 C. Drakoulis
1 2nd Department of Internal Medicine, General State Hospital of Nikaia-Piraeus “Agios Panteleimon”, Nikaia-Piraeus, Greece
2 Immunology Department, General State Hospital of Nikaia-Piraeus “Agios Panteleimon”, Nikaia-Piraeus, Greece
**OP13**  TELBIVUDINE FOR THE TREATMENT OF CHRONIC HEPATITIS B: A CASE SERIES  
1 N. K. Gatselis, 1 K. Zachou, 1 E. I. Rigopoulou, 1 G. Papadamou, 1 K. Galanis, 1 G. N. Dalekos  
1 Department of Medicine and Research Laboratory of Internal Medicine, Medical School, University of Thessaly, Larissa, Greece

**OP14**  TELBIVUDINE IS ASSOCIATED WITH IMPROVEMENT OF RENAL FUNCTION IN PATIENTS AFTER LIVER TRANSPLANTATION  
1 M. Ioannidou, 1 E. Cholongitas, 2 T. Vasiliadis, 1 I. Goulis, 1 G. Moisidou, 1 Z. Valari, 1 P. Chalevas, 1 S. Soulaidopoulos, 1 T. Oikonomou, 1 E. Akriviadis  
1 4th Department of Internal Medicine, Hippokration General Hospital of Thessaloniki, Medical School of Aristotle University  
2 3rd Internal Medicine Department, Aristotle University of Thessaloniki, Papageorgiou Hospital

**OP15**  IMPACT OF ORGAN AND NON-ORGAN-SPECIFIC AUTOANTIBODIES ON THE TREATMENT OUTCOME OF PATIENTS WITH HEPATITIS D VIRUS INFECTION  
1, 2 K. Zachou, 3 C. Yurdaydin, 4 U. Drebber, 2 V. Schlaphoff, 4 H. P. Dienes, 2 M. P. Manns, 2 H. Wedemeyer, 1 G. N. Dalekos  
1 Department of Medicine and Research Laboratory of Internal Medicine, Medical School, University of Thessaly, Larissa, Greece  
2 Department of Gastroenterology, Hepatology and Endocrinology, Hanover Medical School, Hanover, Germany  
3 University of Ankara Medical School, Gastroenterology Section, Ankara, Turkey  
4 Institute of Pathology, University of Cologne, Cologne, Germany

**OP16**  COMPARISON OF CREATININE AND CYSTATIN C BASED GLOMERULAR FILTRATION RATE FORMULAE WITH 51CR-EDTA CLEARANCE IN PATIENTS WITH DECOMPENSATED CIRRHOSIS  
1 E. Cholongitas, 1 M. Ioannidou, 2 F. Ntogramatzki, 2 Z. Athanasiadou, 1 I. Goulis, 1 A. Tsakou, 1 E. Kissa, 1 A. Piperidou, 1 T. Stamatopoulos, 1 E. Akriviadis  
1 4th Department of Internal Medicine, Hippokration General Hospital of Thessaloniki, Medical School of Aristotle University  
2 Biochemical Department, Hippokration General Hospital of Thessaloniki
OP17 CIRRHOTIC CARDIOMYOPATHY IS ASSOCIATED WITH SEVERITY OF ASCITES IN PATIENTS WITH DECOMPENSATED CIRRHOSIS
1 E. Cholongitas, 1 P. Chalevas, 1 S. Soulaidopoulos, 2 D. Ekkliisiarchos, 1 M. Ioannidou, 1 E. Kissa, 1 A. Tsakou, 1 T. Stamatopoulos, 1 A. Piperidou, 1 E. Akriviadis
1 4th Department of Internal Medicine, Hippokration General Hospital of Thessaloniki, Medical School of Aristotle University
2 Department of Cardiology Hippokration Hospital of Thessaloniki

OP18 GOLGI PROTEIN 73 (GP73): A NEW NON-INVASIVE BIOMARKER FOR ASSESSING LIVER FIBROSIS AND RISK OF PROGRESSION TO HEPATOCELLULAR CARCINOMA
1 N. K. Gatselis, 2 G. L. Norman, 1 K. Zachou, 2 Z. Shums, 1 A. Saitis, 1 S. Gabeta, 1 G. N. Dalekos
1 Department of Medicine and Research Laboratory of Internal Medicine, Medical School, University of Thessaly, Larissa, Greece
2 INOVA Diagnostics, Inc., San Diego, CA, USA

OP19 HEPATITIS C VIRUS REINFECTION FOLLOWING SUCCESSFUL TREATMENT AMONG PEOPLE WHO INJECT DRUG (PWID)
1 G. Ntetskas, 1 V. Papastergiou, 1 L. Skorda, 1 A. Katsili, 1 M. Stampori, 1 F. Lambrianou, 2 I. Familias, 1 I. Karagiorgi, 1 M. Kladas, 1 S. Karatapanis
1 First Department of Internal Medicine, General Hospital of Rhodes, Greece
2 Gastroenterology Department, General Hospital of Rhodes, Greece

OP20 PREDICTORS OF ELEVATED TRANSMINASE LEVELS IN PATIENTS WITH CENTRAL OBESITY
1 V. Papastergiou, 1 G. Ntetskas, 1 L. Skorda, 1 F. Lambrianou, 1 K. Roufas, 1 E. Asonitis, 1 M. Stampori, 1 C. Psellas, 1 I. Karagiorgi, 1 S. Karatapanis
1 First Department of Internal Medicine, General Hospital of Rhodes, Greece
OP21  ANTI-FIBROTIC EFFECT OF AZATHIOPRINE ON PRIMARY HUMAN HEPATIC STELLATE CELLS

1 P. Manousou, 1 T. Shepherd, 1 L. Longato, 1 K. Rombouts, 3 A.T. Tzallas,
2 N. Giannakeas, 2 M. G. Tsipouras, 2 E. V. Tsianos, 1 M. Pinzani

1 The Royal Free Sheila Sherlock Liver Unit, Royal Free Hospital and UCL Institute for Liver and Digestive Health, London, UK
2 1st Division of Internal Medicine and Division of Gastroenterology, Faculty of Medicine School of Health Sciences, University of Ioannina, Ioannina, Greece
3 School of Applied Technology, Department of Computer Engineering, Technological Educational Institute of Epirus, Kostakioi, Arta, Greece

OP22  DIFFERENCES BETWEEN RADIOLOGY AND HISTOPATHOLOGY: ARE WE DOING THINGS WRONG?

1 S. Onali, 1 E. Tsochatzis, 1 J. O’Beirne, 1 A. Marshall, 2 T. Luong,
1 M. Pinzani, 4 A. Tzallas, 3 M. Tsipouras, 3 E. Tsianos, 1 P. Manousou

1 The Royal Free Sheila Sherlock Liver Unit, Royal Free Hospital and UCL Institute for Liver and Digestive Health, London, UK
2 Department of Cellular Pathology, UCL Medical School, Royal Free Campus
3 1st Division of Internal Medicine and Division of Gastroenterology, Faculty of medicine School of Health Sciences, University of Ioannina, Ioannina, Greece
4 School of Applied Technology Department of Computer Engineering Technological Educational Institute of Epirus, Kostakioi, Arta, Greece

OP23  REGION SEGMENTATION AND CLASSIFICATION IN DIGITAL IMAGES OF LIVER TISSUE

1 M. G. Tsipouras, 1 N. Giannakeas, 1 Z. Tsianou, 2 A. T. Tzallas,
3 P. Manousou, 1 E. V. Tsianos

1 1st Division of Internal Medicine and Division of Gastroenterology, Faculty of Medicine School of Health Sciences, University of Ioannina, Ioannina, Greece
2 School of Applied Technology, Department of Computer Engineering, Technological Educational Institute of Epirus, Kostakioi, Arta, Greece
3 The Royal Free Sheila Sherlock Liver Unit, Royal Free Hospital and UCL Institute for Liver and Digestive Health, London, UK
OP24 CHARACTERISTICS OF PATIENTS WITH COLORECTAL CANCER IN NORTHWESTERN GREECE
1 D. Christodoulou, 1 I. Mitselos, 1 C. Tzika, 1 E. Tsianos
1 University of Ioannina, Greece

OP25 AN INNOVATIVE DECISION SUPPORT SYSTEM FOR DIAGNOSIS AND TREATMENT OF IBD PATIENTS
1 E. Karvounis, 1 V. Tsianos, 1 K. Kyriakidi, 1 E. Tsianos
1 1st Division of Internal Medicine and Division of Gastroenterology, Faculty of Medicine School of Health Sciences, University of Ioannina, Ioannina, Greece

OP26 COLONOSCOPIC FINDINGS IN PATIENTS WITH IRON DEFICIENCY ANEMIA AND NEGATIVE GASTROSCOPY
2 I. Familias, 1 G. Ntetskas, 1 I. Striglogiannis, 1 V. Papastergiou,
1 E. Anastasiou, 1 M. Stampori, 1 E. Asonitis, 1 F. Lambrianou,
1 K. Roufas, 1 S. Karatapanis
1 Gastroenterology Department, General Hospital of Rhodes, Greece
2 First Department of Internal Medicine, General Hospital of Rhodes, Greece

OP27 ENDOSCOPIC FINDINGS IN PATIENTS PRESENTING WITH HEMATOCHŒZIA
1 I. Familias, 2 G. Ntetskas, 2 I. Striglogiannis, 2 V. Papastergiou,
2 E. Anastasiou, 2 M. Stampori, 2 E. Asonitis, 2 C. Psellas, 2 I. Karagiorgi,
2 S. Karatapanis
1 Gastroenterology Department, General Hospital of Rhodes, Greece
2 First Department of Internal Medicine, General Hospital of Rhodes, Greece
### 09:30 - 10:30 SYMPOSIUM
**Hepatitis C virus infection in the era of new DAAs**

*Chairpersons: George N. Dalekos (Larissa, Greece)  George V. Papatheodoridis (Athens, Greece)*

- Current treatment options for HCV patients  
  **Michael Manns** *(Hannover, Germany)*

- HCV treatment in special populations  
  **Cihan Yurdaydin** *(Ankara, Turkey)*

### 10:30 - 11:00 Coffee Break

### 11:00 - 12:30 ROUND TABLE
**Current trends in the pathogenesis and management of SLE**

*Chairpersons: Yves Renaudineau (Brest, France)  Dimitrios Vassilopoulos (Athens, Greece)*

- Dysfunctional B cells in SLE  
  **Yves Renaudineau** *(Brest, France)*

- Dysfunctional T cells in SLE  
  **Patrick Blanco** *(Bordeaux France)*

- Lessons from animal models in SLE  
  **Miri Blank** *(Tel Aviv, Israel)*

- Management of SLE patients with nephritis and CNS  
  **George Bertsias** *(Heraklion, Greece)*

### 12:30 - 13:00 SATELLITE LECTURE
**Targeting Optimal Renal Function preservation in Liver Transplant recipients with current Immunosuppressive & Antiviral drugs**

*Sponsored by Novartis Hellas SA*

### 13:00 - 14:00 SATELLITE SYMPOSIUM
**New treatment paradigms in Chronic Hepatitis C: The Greek reality**

*Sponsored by Bristol-Myers Squibb*
14:00 - 15:30 E-POSTER PRESENTATIONS

(Screen A) e-PP01 - e-PP11

**Hall CHRISALIDA**

**HEPATOLOGY - GASTROENTEROLOGY - METABOLISM**

*Chairpersons: Dimitrios Papazoglou (Alexandroupolis, Greece) Melanie Deutsch (Athens, Greece)*

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**e-PP01**
A NOVEL COMPUTER ASSISTED SYSTEM FOR THE MANAGEMENT AND ANALYSIS OF LIVER BIOPSIES

1 N. Giannakeas, 1 Z. Tsianou, 2 A. T. Tzallas, 1 M. G. Tsipouras, 3 P. Manousou, 1 E. V. Tsianos

1 1st Division of Internal Medicine and Division of Gastroenterology, Faculty of Medicine School of Health Sciences, University of Ioannina, Ioannina, Greece

2 School of Applied Technology, Department of Computer Engineering, Technological Educational Institute of Epirus, Kostakioi, Arta, Greece

3 The Royal Free Sheila Sherlock Liver Unit, Royal Free Hospital and UCL Institute for Liver and Digestive Health, London, UK

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**e-PP02**
AN EPIDEMIOLOGICAL SURVEY: 103 PATIENTS WITH ELEVATED TRANSAMINASES IN A RANDOM CHECK

1 I. Staikos, 1 K. Krapis, 1 N. Aggelis, 1 K. Karamitsos

1 Outpatient Clinic, Internal Medicine Clinic, General Hospital of Larisa, Larisa, Greece

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**e-PP03**
METHOTREXATE- INDUCED RHEUMATOID NODULES IN THE LIVER AND SPLEEN MASQUERADING METASTATIC MALIGNANCY: A CASE REPORT

1 M. Kosmidou, 1 P. Kotsi, 2 G. Glatzounis, 3 A. Gousia, 1 L. Christou, 1 E. V. Tsianos

1 University of Ioannina, Medical School, Internal medicine Department

2 University of Ioannina, Medical School, Department of Surgery

3 University of Ioannina, Medical School, Pathology Department
e-PP04  ESOPHAGEAL WEBS IN A 17-YEAR-OLD MALE PRESENTING WITH TABLET IMPACTION
1 C. Tsaitas, 1 V. Zioganas, 1 M. Stafylidou, 1 E. Sinakos, 1 I. Goulis
1 4th Internal Medicine Unit, Hippokratio Hospital, Thessaloniki
Aristotle University, Greece

e-PP05  RECURRENT EPISODES OF SEVERE ACUTE PANCREATITIS (SAP) WITH RESPONSE TO CORTICOSTEROID TREATMENT IN AN HAEMODIALYSIS PATIENT
1 E. Paschou, 2 N. Sabanis, 2 C. Kavlakoudis, 3 E. Gavriilaki, 4 A. Pavlis,
3 A. Kalaitzoglou, 2 S. Vasileiou
1 Department of General Practice & Family Medicine, General
Hospital of Pella, Edessa, Greece
2 Department of Nephrology, General Hospital of Pella, Edessa, Greece
3 Medical School, Aristotle University of Thessaloniki, Thessaloniki,
Greece
4 Department of Internal Medicine, General Hospital of Pella, Edessa,
Greece

e-PP06  OVERWEIGHT AND OBESE ADOLESCENTS IN GREECE. A STUDY PROTOCOL OF THE FEEDING-EXERCISE TRIAL IN ADOLESCENTS (FETA)
1 A. Patsopoulou, 1 G. Rachiotis, 1 A. Katsioulis, 2 P. A. Molyvdas,
1 C. Hadjichristodoulou
1 Department of Hygiene and Epidemiology, Medical Faculty, School
of Health Science, University of Thessaly, Greece
2 Department of Physiology. Medical Faculty, School of Health
Science, University of Thessaly, Greece

e-PP07  EXTENSIVE INTRACRANIAL CALCIFICATIONS DUE TO HYPOPARATHYROIDISM
1 A. Mellos, 1 A. Michail, 1 K. Papageorgiou, 1 S. Plakias, 1 E. Arxontis
1 Department of Internal Medicine, General Hospital of Karditsa
e-PP08 RELATIONSHIP BETWEEN ULTRASONOGRAPHIC CHARACTERISTICS AND BIOCHEMICAL PARAMETERS IN PARATHYROID ADENOMAS
1,2,3,6 Y. Themeli, 2,4 M. Barbullushi, 2,4 A. Gjokutaj, 3,5 E. Sinaj, 6 L. Hoxha, 7 Gj. Dilo, V. Mile
1 Diagnostic Center “Ikeda-Euromedica”, Tirana, Albania
2 Diagnostic Center “Med.al”, Tirana, Albania
3 Faculty of Technical Medical Sciences, Tirana, Albania
4 UHC “Mother Teresa”, Tirana, Albania
5 “Fisiomed” Center, Tirana, Albania
6 “Dermo Life” Clinic, Tirana, Albania
7 “Dilo Dental Center”, Tirana, Albania

e-PP09 DIETARY HABITS AND LIFESTYLE IN YOUTH POPULATION OF FASRALA (CENTRAL GREECE)
1 S. Aggelakou-Vaitsi, 1 N. Vaitsis, 2 I. Anastassopoulou
1 Private practice, Farsala, Greece
2 Internal Medicine, Evangelismos Hospital, Athens, Greece

e-PP10 THE CONTRIBUTION OF A SPECIAL LIPID UNIT OF A GENERAL HOSPITAL TO THE CONTROL OF LIPID STATUS IN DYSLIPIDEMICS WITH OR WITHOUT TYPE 2 DIABETES
1 S. S. Papadatos, 1 G. Deligiannis, 2 C. Dalampira, 3 A. Bourdakis
1 Second Clinic of Internal Medicine, General Hospital of Trikala, Greece
2 Health Visitor, General Hospital of Trikala, Greece
3 Lipid Unit, Second Clinic of Internal Medicine, General Hospital of Trikala, Greece

e-PP11 HIGH-DENSITY LIPOPROTEIN SUBCLASSES IN SUBJECTS WITH IMPAIRED FASTING GLUCOSE
1 T. Filippatos, 1 F. Barkas, 1 E. Klouras, 1 A. Liontos, 1 E. Rizos,
1 I. Gazi, 2 A. Tselepis, 1 M. Elisaf
1 Internal Medicine School of Medicine, University of Ioannina, Ioannina, Greece
2 Laboratory of Biochemistry, Department of Chemistry, University of Ioannina, Ioannina, Greece
e-PP12 INCREASED CIRCULATING SERUM LEVELS OF TGFβ-1 AND IL-6 ARE ASSOCIATED WITH THE PROGRESSION OF CHRONIC KIDNEY DISEASE IN ATHEROSCLEROTIC PATIENTS WITH TYPE 2 DIABETIC NEPHROPATHY
1 G. Dimas, 1 I. Kanellos, 1 F. Iliadis, 2 T. Tegos, 3 S. Spiroglou,
1 I. Karamouzis, 1 C. Savopoulos, 1 A. Hatzitolios, 1 D. Grekas
1 1st Propaedeutic Internal Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
2 1st Neurology Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
3 Biochemistry Laboratory, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece

e-PP13 ASSOCIATION OF HYPOVITAMINAEMIA D AND TRANSFORMING GROWTH FACTOR – β1 IN THE PROGRESSION OF CHRONIC KIDNEY DISEASE
1 G. Dimas, 1 I. Kanellos, 1 F. Iliadis, 2 T. Tegos, 3 S. Spiroglou,
1 I. Karamouzis, 1 C. Savopoulos, 1 A. Hatzitolios, 1 D. Grekas
1 1st Propaedeutic Internal Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
2 1st Neurology Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
3 Biochemistry Laboratory, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece

e-PP14 NONSECRETORY MULTIPLE MYELOMA WITH HYPERCALCEMIC ACUTE RENAL FAILURE AND LYTIC BONE LESIONS
1 E. Spanou, 2 F. Lamprianou, 2 C. Paliouras, 2 K. Roufas, 2 G. Ntetskas,
2 N. Karvouniaris, 3 S. Karatapanis
1 Hematology Department, General Hospital of Rhodes, Rhodes, Greece
2 Nephrology Department, General Hospital of Rhodes, Rhodes, Greece
3 1st Department of Internal Medicine, General Hospital of Rhodes, Rhodes, Greece
e-PP15 ASSOCIATION OF CIRCULATING SERUM LEVELS OF VASCULAR ENDOTHELIAL GROWTH FACTOR-A WITH VASCULAR ULTRASOUND DETERMINANTS OF DEMENTIA IN PATIENTS WITH TYPE 2 DIABETIC NEPHROPATHY
1 G. Dimas, 2 T. Tegos, 1 G. Konstantinidis, 1 F. Iliadis, 1 I. Kanellos, 3 S. Spiroglou, 1 S. Fotiadis, 1 C. Savopoulos, 1 A. Hatzitolios, 1 D. Grekas
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2 1st Neurology Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
3 Biochemistry Laboratory, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece

e-PP16 A CASE OF C3 GLOMERULONEPHRITIS TRIGGERED BY A RESPIRATORY INFECTION
1 C. Paliouras, 1 G. Ntetskas, 1 K. Roufas, 1 F. Lamprianou,
1 N. Karvouniaris, 1 E. Anastasakis, 1 P. Alivanis, 2 S. Karatapanis
1 Nephrology Department, General Hospital of Rhodes, Rhodes, Greece
2 1st Department of Internal Medicine, General Hospital of Rhodes, Rhodes, Greece

e-PP17 HYPERHOMOCYSTEINEMIA AND MTHFR POLYMORPHISMS IN DIABETIC NEPHROPATHY
1 G. Dimas, 1 I. Kanellos, 1 F. Iliadis, 2 T. Tegos, 3 S. Spiroglou,
1 S. Fotiadis, 1 G. Konstantinidis, 1 C. Savopoulos, 1 A. Hatzitolios,
1 D. Grekas
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2 1st Neurology Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
3 Biochemistry Laboratory, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
e-PP18 INCREASED SERUM LEVELS OF VASCULAR ENDOTHELIAL GROWTH FACTOR–A ARE REVERSELY CORRELATED WITH TIMP-1 IN THE PROGRESSION OF CHRONIC KIDNEY DISEASE

1 G. Dimas, 1 F. Iliadis, 2 T. Tegos, 3 S. Spiroglou, 1 I. Kanellos, 3 I. Karamouzis, 1 C. Savopoulos, 1 A. Hatzitolios, 1 D. Grekas
1 1st Propaedeutic Internal Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
2 1st Neurology Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
3 Biochemistry Laboratory, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece

e-PP19 MATRIX METALLOPROTEINASE-2 AND FIBROBLAST GROWTH FACTOR-23 ARE ASSOCIATED WITH ATHEROSCLEROSIS AND PROGRESSION OF CHRONIC KIDNEY DISEASE IN PATIENTS WITH TYPE 2 DIABETIC NEPHROPATHY

1 G. Dimas, 1 F. Iliadis, 1 I. Kanellos, 2 T. Tegos, 3 S. Spiroglou, 1 S. Fotiadis, 3 I. Karamouzis, 1 C. Savopoulos, 1 A. Hatzitolios, 1 D. Grekas
1 1st Propaedeutic Internal Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
2 1st Neurology Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
3 Biochemistry Laboratory, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece

e-PP20 INCREASED CIRCULATING SERUM LEVELS OF MMP-9 AND VEGF-A ARE ASSOCIATED WITH OXIDATIVE STRESS IN PATIENTS WITH PRIMARY GLOMERULONEPHRITIS AND EARLY STAGES OF CHRONIC KIDNEY DISEASE

1 G. Dimas, 2 T. Tegos, 3 S. Spiroglou, 1 I. Kanellos, 3 I. Karamouzis, 1 C. Savopoulos, 1 A. Hatzitolios, 1 D. Grekas
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2 1st Neurology Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
3 Biochemistry Laboratory, Ahepa University Hospital, Aristotle University
e-PP21 SERUM LEVELS OF TISSUE INHIBITOR OF METALLOPROTEINASE-2 AND OX-LDL ARE ASSOCIATED WITH ATHEROSCLEROSIS IN PATIENTS WITH CHRONIC KIDNEY DISEASE

1 G. Dimas, 2 T. Tegos, 3 S. Spirogloglou, 1 I. Kanellos, 3 I. Karamouzis, 1 C. Savopoulos, 1 A. Hatzitolios, 1 D. Grekas

1 1st Propaedeutic Internal Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
2 1st Neurology Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
3 Biochemistry Laboratory, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece

e-PP22 INCREASED CIRCULATING SERUM LEVELS OF TGFβ-1 AND MMP-2 ARE ASSOCIATED WITH INFLAMMATION AND PROGRESSION OF CHRONIC KIDNEY DISEASE IN PATIENTS WITH TYPE 2 DIABETIC NEPHROPATHY

1 G. Dimas, 1 I. Kanellos, 2 T. Tegos, 1 F. Iliadis, 3 S. Spirogloglou, 1 S. Fotiadis, 1 I. Karamouzis, 1 C. Savopoulos, 1 A. Hatzitolios, 1 D. Grekas

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2 1st Neurology Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
3 Biochemistry Laboratory, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece

e-PP23 MANAGING STRESS INCONTINENCE IN POSTNATAL WOMEN

1 V. Ndreu, 1 E. Sinaj, 1 F. Kamberi, 2 A. Sula

1 Public University of Medical Sciences of Tirana, Albania
2 “Mother Teresa” Hospital, Tirana, Albania
e-PP24  FIBROBLAST GROWTH FACTOR-23 AND HYPOVITAMINAEMIA D IN ANAEMIA OF TYPE 2 DIABETIC NEPHROPATHY
1 G. Dimas, 1 F. Iliadis, 1 I. Kanellos, 2 T. Tegos, 3 S. Spiroglou,
1 S. Fotiadis, 1 I. Karamouzis, 1 C. Savopoulos, 1 A. Hatzitolios,
1 D. Grekas
1 1st Propaedeutic Internal Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
2 1st Neurology Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
3 Biochemistry Laboratory, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece

e-PP25  INCREASED CIRCULATING SERUM LEVELS OF VEGF-A ARE ASSOCIATED WITH ALBUMINURIA IN HYPETENSIVE PATIENTS
1 G. Dimas, 2 T. Tegos, 1 I. Kanellos, 3 S. Spiroglou, 1 S. Fotiadis,
1 I. Karamouzis, 1 G. Konstantinidis, 1 C. Savopoulos, 1 A. Hatzitolios,
1 D. Grekas
1 1st Propaedeutic Internal Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
2 1st Neurology Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
3 Biochemistry Laboratory, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece

e-PP26  CHRONIC KIDNEY DISEASE IN GERIATRIC PRIMARY CARE IN ANDROS
F. Athanasiou, M. Mandaraka, I. Ammolochitou, I. Petsi, G. Mitrou
1 EOPYY Medical Unit, Chora Andros, Greece

e-PP27  TRANSFUSION-RELATED ACUTE LUNG INJURY (TRALI) SYNDROME IN A PATIENT WITH CHRONIC RENAL FAILURE
1 F. Lambrianou, 1 G. Ntetskas, 1 C. Paliouras, 1 V. Papastergiou,
1 M. Stampori, 1 E. Anastasiou, 1 E. Asonitis, 1 F. Alourda, 1 K. Roufas,
1 S. Karatapanis
1 First Department of Internal Medicine, General Hospital of Rhodes, Greece
e-PP28 IDENTIFICATION AND EVALUATION OF PATIENTS WITH PULMONARY TUBERCULOSIS IN THE DEPARTMENT OF PULMONARY DISEASES AT THE REGIONAL HOSPITAL OF VLORA IN 2014

1 R. Luci, 1 B. Subashi, 1 G. Sinanaj, 1 D. Selfo, 2 E. Nocka, 3 E. Lazaj, 1 S. Durmishi
1 Faculty of Public Health, University of Vlora, Albania
2 Mother Tereza Hospital, Tirane, Albania
3 Rajonal Hospital of Vlora, Albania

e-PP29 HOSPITALIZATION EFFECTIVENESS OF HIGH SEVERITY GRADE ICU PATIENTS

1 A. Vakalos, 1 V. Popko
1 ICU, Xanthi General Hospital, Xanthi, Greece

e-PP30 HOSPITALIZATION EFFECTIVENESS OF VERY HIGH SEVERITY GRADE ICU PATIENTS

1 A. Vakalos, 1 V. Popko
1 ICU, Xanthi General Hospital, Xanthi, Greece

e-PP31 HOSPITALIZATION EFFECTIVENESS OF MEDIUM SEVERITY GRADE ICU PATIENTS

A. Vakalos, V. Popko
1 ICU, Xanthi General Hospital, Xanthi, Greece

15:30-16:00 Leisure time
16:00 - 17:30  ROUND TABLE
Common diseases of the upper GI tract: new aspects on pathogenesis and treatment  
*Hellenic Society of Gastroenterology*

**Chairpersons:**  
Grigorios Paspatis (Heraklion, Greece)  
Sotirios D. Georgopoulos (Athens, Greece)

Pathogenesis and current treatment of gastroesophageal reflux disease  
**Georgios Karamanolis (Athens, Greece)**

Pathogenesis and current treatment of H. pylori infection  
**John Vlachogianakos (Athens, Greece)**

Epidemiology, pathogenesis and current treatment modalities of non-variceal upper gastrointestinal bleeding  
**Konstantinos Thomopoulos (Patras, Greece)**

Peptic ulcer disease and complications from non-steroidal anti-inflammatory drugs and antiplatelet agents: epidemiology, mechanisms of tissue damage and gastroprotective strategies  
**Dimitrios Christodoulou (Ioannina, Greece)**

*MCQ voting system available*

17:30 - 18:15  SATELLITE SYMPOSIUM
Modern approach to Clostridium difficile Infection (CDI)  
*Sponsored by Astellas Pharmaceuticals Hellas*

18:15 - 18:45  Coffee Break
18:45 - 20:15  ROUND TABLE
Complications of portal hypertension: what’s new?
Hellenic Society for the Study of Liver

Chairpersons: Rajiv Jalan (London, UK)
John Koskinas (Athens, Greece)

Pathogenesis and treatment of hepatic encephalopathy
Rajiv Jalan (London, UK)

Management of ascites
Pinelopi Manousou (London, UK)

Management of variceal bleeding
Christos Triantos (Patras, Greece)

Infections in patients with cirrhosis
Alexandra Alexopoulou (Athens, Greece)

MCQ voting system available

20:15 - 21:00   SATELLITE SYMPOSIUM
Viral Hepatitis and current therapeutic approaches
Sponsored by Gilead Sciences Hellas
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<tr>
<th>Time</th>
<th>Session Title</th>
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<tr>
<td>08:00 - 09:00</td>
<td>ORAL PRESENTATIONS</td>
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<td>OP28-OP33</td>
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<td>INFECTIOUS DISEASES - ONCOLOGY - HAEMATOLOGY</td>
<td>Stavroula Tsiara (Ioannina, Greece) Sarah Georgiadou (Larissa, Greece)</td>
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<td><strong>OP28</strong> FATAL CIRRHOSIS DECOMPENSATION DUE TO BRUCELLOSIS: THERAPEUTIC ISSUES</td>
<td>1 M. Kosmidou, 1 L. Christou, 2 M. Marangos, 2 G. Panos, 1 E. V. Tsianos</td>
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<td>1 Department of Internal Medicine, Medical School, University of Ioannina, Greece</td>
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<td>2 Department of Infectious Diseases, Medical School, University of Patras, Greece</td>
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<td><strong>OP29</strong> THE EFFECT OF NUCLEIC ACID TESTING (NAT) IN THE SAFETY OF BLOOD TRANSFUSIONS</td>
<td>1 F. Kourgia, 1 M. Vini, 1 E. Zervou</td>
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<td>1 Blood Centre of University Hospital of Ioannina, Ioannina, Greece</td>
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<td><strong>OP30</strong> TACROLIMUS-ASSOCIATED POSTERIOR REVERSIBLE ENCEPHALOPATHY SYNDROME (PRES) IN A BONE MARROW TRANSPLANT RECIPIENT</td>
<td>1 G. Ntetskas, 1 E. Spanou, 1 V. Papastergiou, 1 M. Stampori, 1 E. Asonitis, 1 E. Anastasiou, 1 F. Alourda, 1 F. Lambrianou, 1 A. Kotis, 1 S. Karatapanis</td>
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<td><strong>OP31</strong> ELEVATED INR IN PATIENTS ON ORAL ANTICOAGULANT THERAPY: EPIDEMIOLOGICAL, CLINICAL CHARACTERISTICS AND OUTCOME</td>
<td>1 I. Gabrani, 1 T. Koufakis, 1 S. Batala, 1 A. Margaritis, 1 I. Papakrivos, 1 E. Ntava, 1 D. Zevgaras, 1 G. Papalagara, 1 K. Makrigiannis, 1 K. Karanikas</td>
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<td>1 Department of Internal Medicine, General Hospital of Larissa, Larissa, Greece</td>
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<td>2 Department of Biomathematics, School of Medicine, University of Thessaly, Larissa, Greece</td>
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OP32 QUALITY OF LIFE IN ELDERLY LONG-TERM CANCER SURVIVORS
1 P. Heras, 1 T. Andrianopoulos, 1 I. Tsiverdis, 1 I. Georgopoulos, 1 A. Hatzopoulos
1 Clinic of Internal Medicine, General Hospital of Nafplio, Greece

OP33 NOVEL ROLE FOR WNT1 IN LUNG CANCER ESCAPE FROM IMMUNE SURVEILLANCE MECHANISMS. PRELIMINARY RESULTS
1 D. Kerdidani, 1 V. Karavana, 1 S. Magkouta, 1 A. Meligova, 1 C. Roussos, 1 S. Zakynthinos, 1 I. Kalomenidis, 1 M. Tsoumakidou
1 Centre for Applied Biomedical Research and Training “Marianthe Simos”, First Department of Intensive Care Medicine, Evaggelismos Hospital, University of Athens, Greece

OP34 SERUM LEVELS OF TIMP-1 AND IL-6 ARE ASSOCIATED WITH THE PROGRESSION OF CHRONIC KIDNEY DISEASE AND PRIMARY CHRONIC GLOMERULONEPHRITIS
1 G. Dimas, 1 F. Iliadis, 2 T. Tegos, 1 I. Kanellos, 3 S. Spiroglou, 1 I. Karamouzis, 1 C. Savopoulos, 1 A. Hatzitolios, 1 D. Grekas
1 1st Propaedeutic Internal Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
2 1st Neurology Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
3 Biochemistry Laboratory, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
OP35  RENAL DISEASE IN TYPE 2 DIABETIC PATIENTS WITH METABOLIC SYNDROME
1,2,3,6 Y. Themeli, 2,4 M. Barbullushi, 1 V. Bajrami, 1 L. Muka,
2,4 D. Teferici, 3,5 E. Sinaj, 6 L. Hoxha, 7 Gj. Dilo, 7 V. Mile
1 Diagnostic Center “Ikeda-Euromedica”, Tirana, Albania
2 Diagnostic Center “Med.al”, Tirana, Albania
3 Faculty of Technical Medical Sciences, Tirana, Albania
4 UHC “Mother Teresa”, Tirana, Albania
5 “Fisiomed” Center, Tirana, Albania
6 “Dermo Life” Clinic, Tirana, Albania
7 “Dilo Dental Center”, Tirana, Albania

OP36  CAN STATINS HAVE A BENEFIT IN THE REDUCE OF PLASMA KETONE BODIES IN PATIENTS WITH UNCONTROLLED TYPE 2 DIABETES MELLITUS AND MIXED HYPERLIPIDEMIA?
1, 2 S. Karamagkiolis, 1 E. Sogka, 1 N. Aggelis, 1 O. Triantafyllou,
1 F. Koumoutsou, 1 V. Mintza, 1, 2 P. Choussi
1 Department of Internal Medicine, General Hospital of Larissa, Larissa, Greece
2 Diabetes Mellitus Outpatient Clinic, General Hospital of Larissa, Larissa, Greece

OP37  NEUROPATHIC EVENTS IN DIABETIC PATIENTS UNDERGOING HAEMODIALYSIS OR NOT
1 M. Bristianou, 2 C. Panou, 1 I. Chatzidakis, 1 A. Kalantzis, 1 L. Lanaras
1 Department of Internal Medicine, General Hospital of Lamia, Greece
2 Department of Urology, General Hospital of Lamia, Greece

OP38  DIABETES MELLITUS, HYPERTENSION AND PARKINSON DISEASE IN A COMMON THREE LEAF CLOVER NEURODEGENERATIVE PATHWAY
1 G. Dimas, 1 C. Sachinidou, 1 Z. Rantev, 1 I. Kanellos, 2 T. Tegos,
1 S. Fotiadis, 1 A. Tranta, 1 I. Karamouzis, 1 C. Savopoulos, 1 A. Hatzitolios
1 1st Propaedeutic Internal Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
2 1st Neurology Medical Department, Ahepa University Hospital, Aristotle University, Thessaloniki, Greece
OP39 RETINOL BINDING PROTEIN-4 LEVELS IN THYROID OVERT AND SUBCLINICAL DYSFUNCTION

1 S. Kokkinos, 1 E. Tiaka, 1 A. Manolakis, 1 N. Papanas, 1 K. Papatheodorou, 1 P. Christakidou, 1 E. Maltezos, 1 D. Papazoglou
1 Second Department of Internal Medicine, University General Hospital of Evros, Alexandroupolis, Greece, Medical School of Democritus University of Thrace, Alexandroupolis, Greece

PARALLEL SESSIONS

09:00 - 10:30 ROUND TABLE
Current trends in the diagnosis and management of arterial hypertension

Chairpersons: Konstantinos P. Makaritsis (Larissa, Greece) Vasilios Kotsis (Thessaloniki, Greece)

- White coat and masked hypertension Vasilios Kotsis (Thessaloniki, Greece)
- Metabolic syndrome, hypertension and vascular diseases Niki Katsiki (Thessaloniki, Greece)
- Hypertension in children and adolescents Stella Stabouli (Thessaloniki, Greece)
- Early Vascular Ageing (EVA): a new target for hypertension treatment Peter Nilsson (Malmo, Sweden)

MCQ voting system available

10:30 - 11:00 STATE-OF-THE-ART LECTURE
Hellenic Society of Medical Oncology

Chairperson: Athanasios Athanasiadis (Larissa, Greece)

Best supportive care in cancer patients: ethical dilemmas Georgios Samonis (Heraklion, Greece)

11:00 - 11:30 Coffee Break
11:30 - 13:00 ROUND TABLE
Novel oral treatments in type II diabetes mellitus
Hellenic Society of Internal Medicine

**Chairperson:** Sotirios A. Raptis (Athens, Greece)

- New drug approval process: Are we reaching the target?
  Eleni Boutati (Athens, Greece)

- Novel agents in the armamentarium for type 2 diabetes
  Melpomeni Peppa (Athens, Greece)

- Debate: Unmasking the evidence of efficacy and safety. Cheaper or better
  Panagiotis Halvatsiotis (Athens, Greece)
  Eleni Boutati (Athens, Greece)
  Melpomeni Peppa (Athens, Greece)

Conclusions
Sotirios A. Raptis (Athens, Greece)

13:00 - 13:30 STATE-OF-THE-ART LECTURE
Hellenic Society of Internal Medicine of Northern Greece

**Chairperson:** Apostolos Hatzitolios (Thessaloniki, Greece)

- Treatment of dyslipidemia: what, when and how
  Konstantinos Tziomalos (Thessaloniki, Greece)

13:30 - 14:00 STATE-OF-THE-ART LECTURE

**Chairperson:** Helen Giamarellou (Athens, Greece)

- Strategies and evidence in the diagnosis, prevention and treatment of embolism in infective endocarditis
  Bruno Hoen (Guadeloupe, France)
14:00 - 15:30  E-POSTER PRESENTATIONS

(Screen A) e-PP32 - e-PP41  Hall CHRISALIDA

CARDIOVASCULAR DISEASES
Chairpersons: Christos Savopoulos (Thessaloniki, Greece)
Konstantinos Tziomalos (Thessaloniki, Greece)

**e-PP32 TEMPERATURE CHANGE, SHORT- AND LONG-TERM MORTALITY IN ACUTE ISCHEMIC STROKE**
1 N. Kakaletsis, 2 V. Papavasilieou, 3 D. Lambrou, 2 G. Ntaios,
3 P. Michel
1 Department of Clinical Neurosciences and Preventive Medicine,
Danube University in Krems, Austria
2 Department of Medicine, University of Thessaly, Larissa, Greece
3 Stroke Center, Neurology Service, Centre Hospitalier Universitaire
Vaudois and University of Lausanne, Lausanne, Switzerland

**e-PP33 TEMPERATURE CHANGE, SHORT- AND LONG-TERM HANDICAP IN ACUTE ISCHEMIC STROKE**
1 N. Kakaletsis, 2 V. Papavasilieou, 3 D. Lambrou, 2 G. Ntaios,
3 P. Michel
1 Department of Clinical Neurosciences and Preventive Medicine,
Danube University in Krems, Austria
2 Department of Medicine, University of Thessaly, Larissa, Greece
3 Stroke Center, Neurology Service, Centre Hospitalier Universitaire
Vaudois and University of Lausanne, Lausanne, Switzerland

**e-PP34 ASSOCIATION OF CIRCADIAN BLOOD PRESSURE AND HEART RATE PATTERNS WITH SEVERITY OF ACUTE ISCHEMIC STROKE: PRELIMINARY RESULTS**
1 N. Kakaletsis, 2 H. Milionis, 3 G. Ntaios, 1 C. Savopoulos,
3 K. Makaritsis, 1 K. Tziomalos, 3 G.N. Dalekos, 2 M. Elisaf,
1A.I. Hatzitolios
1First Propedeutic Department of Internal Medicine, Aristotle
University of Thessaloniki, Thessaloniki, Greece
2Department of Medicine, University of Ioannina, Ioannina, Greece
3Department of Medicine, University of Thessaly, Larissa, Greece
e-PP35  ANTIPLATELET TREATMENT IN PATIENTS WHO HAVE AN ISCHEMIC STROKE WHILE TAKING ASPIRIN
1 K. Tziomalos, 1 S. Bouziana, 1 M. Spanou, 1 S. Kostaki,
1 M. Papadopoulou, 1 V. Giampatzis, 1 M. Tsopozidi,
1 S. Aggelopoulou, 1 C. Savopoulos, 1 A. Hatzitolios
1 First Propedeutic Department of Internal Medicine, Medical School, Aristotle University of Thessaloniki, AHEPA Hospital

e-PP36  PREDICTIVE VALUE OF THE ASTRAL SCORE, THE CHARLSON AND THE ELIXHAUSER COMORBIDITY INDEXES IN ACUTE ISCHEMIC STROKE
1 N. Kakaletsis, 2 V. Papavasileiou, 3 D. Lambrou, 3 A. Eskandari,
2 G. Ntaios, 3 P. Michel
1 Department of Clinical Neurosciences and Preventive Medicine, Danube University in Krems, Austria
2 Department of Medicine, University of Thessaly, Larissa, Greece
3 Stroke Center, Neurology Service, Centre Hospitalier Universitaire Vaudois and University of Lausanne, Lausanne, Switzerland

e-PP37  COMORBIDITY ANALYSIS AND 3 MONTHS FUNCTIONAL OUTCOME IN ACUTE ISCHEMIC STROKE: DATA FROM ACUTE STROKE REGISTRY AND ANALYSIS OF LAUSANNE (ASTRAL)
1 N. Kakaletsis, 2 V. Papavasileiou, 3 D. Lambrou, 3 A. Eskandari,
2 G. Ntaios, 3 P. Michel
1 Department of Clinical Neurosciences and Preventive Medicine, Danube University in Krems, Austria
2 Department of Medicine, University of Thessaly, Larissa, Greece
3 Stroke Center, Neurology Service, Centre Hospitalier Universitaire Vaudois and University of Lausanne, Lausanne, Switzerland

e-PP38  EMBOLIC STROKES OF UNDETERMINED SOURCE IN THE ATHENS STROKE REGISTRY A DESCRIPTIVE ANALYSIS
1 G. Ntaios, 1 V. Papavasileiou, 1 A. Karagiannaki, 2 H. Milionis,
1 K. Makaritsis, 3 E. Manios, 5 K. Spengos, 4 P. Michel, 3 K. Vemmos
1 Department of Medicine, University of Thessaly, Larissa, Greece
2 Department of Medicine, University of Ioannina, Ioannina, Greece
3 Department of Clinical Therapeutics, University of Athens, Athens, Greece
4 Acute Stroke Unit, CHUV, University of Lausanne, Lausanne, Switzerland
5 Department of Medicine, University of Athens, Athens, Greece
Hall CHRISALIDA

**e-PP39** INCIDENCE OF RISK FACTORS IN CENTER PATIENTS AFTER ISCHEMIC STROKE (PAIS) IN RECOVERY STAGE
S. Papakosta, X.I Bagena, D. Xenou, D. Galliopoulos, A. Tsivgoulis, A. Stogianni, S. Valais
Arogi Rehabilitation Center, Larissa, Greece

**e-PP40** SLEEP DISORDERS IN ELDERLY RURAL POPULATION OF FASRALA (CENTRAL GREECE)
1 N. Vaitsis, 1 S. Aggelakou-Vaitsi, 2 I. Anastassopoulou
1 Private practice, Farsala, Greece
2 Internal Medicine, Evangelismos Hospital, Athens, Greece

**e-PP41** HIGH-INTENSITY STATINS INCREASE THE RISK OF INCIDENT DIABETES IN PREDIABETIC INDIVIDUALS, WHEREAS EZETIMIBE HAS A NEUTRAL IMPACT ON GLUCOSE METABOLISM: EVIDENCE FROM A LIPID CLINIC
1 F. Barkas, 1 E. Klouras, 1 E. Liberopoulos, 1 G. Liamis, 1 M. Elisaf, 1 E. Rizos
1 Internal Medicine, School of Medicine, University of Ioannina, Ioannina, Greece

Hall ALKISTIS - THETIDA

(Screen B) **e-PP42 - e-PP51**

HAEMATOLOGY - ONCOLOGY
Chairpersons: Georgia Kaiafa (Thessaloniki, Greece)
Christos Tolis (Ioannina, Greece)

**e-PP42** IMPACT OF PARACENTESIS ON HEALTH-RELATED QUALITY-OF-LIFE (HRQOL) IN WOMEN WITH OVARIAN CANCER (OC) AND MALIGNANT ASCITES (MA)
1 P. Heras, 1 T. Andrianopoulos, 1 I. Tsiverdis, 1 I. Georgopoulos
1 General Medicine of Nafplio, Internal Medicine, Athens, Greece
e-PP43  **ENDOSCOPIC FEATURES IN PATIENTS WITH MARGINAL ZONE LYMPHOMA OF MUCOSA ASSOCIATED LYMPHOID TISSUE (MALT) IN A FOLLOW UP OF 10 YEARS**

1 NV. Chrysanthos, 1 E. Anagnostopoulou, 1 S. Patsavela, 2 A. Kolovou, 2 K. Palla, 3 A. Papanikolaou

1 Gastrointestinal Department St George General Hospital of Chania, Island of Crete
2 Hematological Department St George General Hospital of Chania, Island of Crete
3 Anatomopathological department Evangelismos Hospital, Athens Greece

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e-PP44  **THE ROLE OF D-DIMER AT SCREENING VENOUS THROMBOSIS IN ADVANCED CANCER PATIENTS**

1 P. Heras, 1 T. Andrianopoulos, 1 I. Tsiverdis, 1 I. Georgopoulos, 1 A. Hatzopoulos

1 Clinic of Internal Medicine, General Hospital of Nafplio, Greece

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e-PP45  **OSTEOMALACIA DUE TO MESENCHYMAL TUMOR: SCINTIGRAPHIC DETECTION WITH OCTREOTIDE IN-111**

1 P. Heras, 1 T. Andrianopoulos, 1 I. Tsiverdis, 1 I. Georgopoulos, 1 A. Hatzopoulos

1 Clinic of Internal Medicine, General Hospital of Nafplio, Greece

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e-PP46  **POSTERIOR SQUAMOUS-LIKE MULTIFOCAL PIGMENTED EPITHELIOPATHY (PSMPE) AS THE FIRST CLINICAL MANIFESTATION OF A 23 YEAR OLD FEMALE PATIENT WITH UNCLASSIFIED CONNECTIVE TISSUE DISEASE**

1 P. Heras, 1 I. Tsiverdis, 1 T. Andrianopoulos, 1 I. Georgopoulos, 1 A. Hatzopoulos

1 Clinic of Internal Medicine, General Hospital of Nafplio, Greece

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e-PP47  **SUBCUTANEOUS METASTASES OF MALIGNANT NEOPLASMS**

1 P. Heras, 1 T. Andrianopoulos, 1 N. Roussakis, 1 I. Tsiverdis, 1 I. Georgopoulos, 1 A. Hatzopoulos

1 Clinic of Internal Medicine, General Hospital of Nafplio, Greece

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e-PP48  **MALIGNANT ASCITES: AN EXTREMELY RARE MANIFESTATION OF PROSTATE CANCER**

1 S. Papadatos, 1 G. Deligiannis, 1 Z. Christos, 1 S. Milonas

1 Second Clinic of Internal Medicine, General Hospital of Trikala, Greece
e-PP49 DIAGNOSIS OF PRIMARY THYROID LYMPHOMA THROUGH FINE-NEEDLE ASPIRATION BIOPSY (FNAB)
1 P. Heras, 1 T. Andrianopoulos, 1 I. Tsiverdis, 1 N. Roussakis,
1 I. Georgopoulos, 1 A. Hatzopoulos
1 Clinic of Internal Medicine, General Hospital of Nafplio, Greece

e-PP50 SIMULTANEOUS DEVELOPMENT OF NEUROENDOCRINE CARCINOMA OF THE LARGE INTESTINE AND HAIRY CELL LEUKEMIA
1 P. Heras, 1 I. Tsiverdis, 1 T. Andrianopoulos, 1 N. Roussakis,
1 I. Georgopoulos, 1 A. Hatzopoulos
1 Clinic of Internal Medicine, General Hospital of Nafplio, Greece

(Screen C) e-PP52 - e-PP61
INFECTIOUS DISEASES - MISCELLANEOUS
Chairpersons: Symeon Metallidis (Thessaloniki, Greece)
Efthymia Giannitsioti (Athens, Greece)

e-PP52 RETROPERITONEAL LYMPH NODES ENLARGEMENT IN A PATIENT WITH Q FEVER
1 S. Kokkoris, 1 X. Koutomichali, 1 C. Champakis, 1 E. Mouka,
2 K. Bouchra, 3 M. Karagianni, 4 A. Papanikolaou, 5 K. Almpanopoulos,
1 C. Drakoulis
1 2nd Department of Internal Medicine, General State Hospital of Nikaia-Piraeus “Agios Panteleimon”
2 Department of Computed Tomography, General State Hospital of Nikaia-Piraeus “Agios Panteleimon”
3 Pathology Department, General State Hospital of Nikaia-Piraeus “Agios Panteleimon”
4 Hematopathology Department, Evangelismos Athens General Hospital, Athens
5 1st Propedeutic Surgical Clinic, Hippocrateio Athens General Hospital, Athens University School of Medicine, Athens
e-PP53 SEVERE, LIFE-THREATENING HYPOFIBRINOGENEMIA DUE TO TIGECYCLINE ADMINISTRATION. CASE REPORT AND LITERATURE REVIEW

1. Department of Nephrology, General Hospital of Pella, Edessa, Greece
2. Department of General Practice & Family Medicine, General Hospital of Pella, Edessa, Greece
3. Medical School, Aristotle University of Thessaloniki, Thessaloniki, Greece
4. Department of Internal Medicine, General Hospital of Pella, Edessa, Greece

e-PP54 MONOARTICULAR SEPTIC ARTHRITIS CAUSED BY SALMONELLA ENTERIDITIS IN AN IMMUNOCOMPROMISED PATIENT

1. N. Sabanis, E. Paschou, M. Galani, E. Gavriilaki, C. Kavlakoudis, A. Kalaitzoglou, S. Vasileiou
1. Department of Nephrology, General Hospital of Pella, Edessa, Greece
2. Department of General Practice & Family Medicine, General Hospital of Pella, Edessa, Greece
3. Department of Internal Medicine, General Hospital of Pella, Edessa, Greece
4. Medical School, Aristotle University of Thessaloniki, Thessaloniki, Greece

e-PP55 LEPTOSPIROSIS (WEIL’S DISEASE): A CASE REPORT

1. O. Triantafyllou, 1. G. Xaralampidis, E. Sogka, K. Krapis, K. Karamitsos
1. Department of Internal Medicine, General Hospital of Larissa, Larissa, Greece

e-PP56 IN VITRO ANTIBIOTIC RESISTANCE OF ENTEROCOCCUS SPP IN SOUTHWESTERN GREECE DURING 2010 – 2014

1. C. Verra, A. Tsimoukis, G. Kakouris, A. Theodorakopoulos, V. Diamanti, I. Katsarou, E. Ikonomopoulou
1. Microbiology Department of Patras General Hospital
2. RU of Zante General Hospital
e-PP57  CASE REPORT: STREPTOCOCCUS SUIS MENINGITIS IN SWINE WORKER IN LARISSA, GREECE
1 E. Sogka, 1 F. Koumoutsou, 1 O. Triantafyllou, 1 N. Aggelis,
1 V. Lalos, 1 S. Karamagkiolis, 1 K. Karamitsos
1 Department of Internal Medicine, General Hospital of Larissa, Larissa, Greece

e-PP58  INTOXICATION AFTER INGESTION OF A DELETERIOUS PLANT
1 S. Soulaidopoulos, 1 L. Lygdi, 1 E. Sinakos
1 4th Internal Medicine Unit, Hippokratio Hospital, Thessaloniki
1 Aristotle University, Greece

e-PP59  THE DISCOVERY AND KNOWN USE OF THE SYRINGE IN ANCIENT GREECE
1 I. Katsarou, 1 C. Tsagkarousianos, 2 E. Ikonomopoulou, 3 T. Bankov
1 General Hospital of Zakinthos, Greece
2 General Hospital of Patras, Greece
3 School of English Graduate –AUTH, Thessaloniki, Greece

e-PP60  WILD MUSHROOM POISONING, A CASE REPORT
1 C. Ntiakalis, 1 I. Memet, 1 E. Tsalkidou
1 ICU, General Hospital of Komotini, Komotini, Greece

e-PP61  CENTRAL PONTINE MYELINOLYSIS SYNDROME IN A PATIENT WITH CHRONIC ALCOHOL ABUSE
1 F. Lambrianou, 1 G. Ntetskas, 1 V. Papastergiou, 1 M. Stampori,
1 E. Anastasiou, 1 K. Roufas, 1 E. Asonitis, 1 F. Alourda, 1 A. Kotis,
1 S. Karatapanis
1 First Department of Internal Medicine, General Hospital of Rhodes, Greece

15:30 - 16:00  Leisure time
16:00 - 17:30  ROUND TABLE
Antibiotics in everyday clinical practice; what do I need to know: case studies

*Hellenic Society of Chemotherapy*

**Chairpersons:**
- Helen Giamarellou (Athens, Greece)
- Charalampos Gogos (Patras, Greece)

- **Case 1**
  - Charalampos Gogos (Patras, Greece)

- **Case 2**
  - Helen Giamarellou (Athens, Greece)

- **Case 3**
  - Kyriaki Kanellakopoulou (Athens, Greece)

**MCQ voting system available**

17:30 - 19:00  ROUND TABLE
Advances in imaging in everyday clinical practice

*Chairpersons:*
- Ioannis Fezoulidis (Larissa, Greece)
- Nikolaos Keleki (Athens, Greece)

- Advances in neuroimaging
  - Eftychia Kapsalaki (Larissa, Greece)

- Advances in SPECT cardiac imaging
  - Maria Koutelou (Athens, Greece)

- Advances in diagnosis of focal liver lesions - Elastography
  - Dirk-André Clevert (Munich, Germany)

19:00 - 19:30  Coffee Break

19:30 - 21:00  SATELLITE SYMPOSIUM
New anticoagulants in clinical practice

*Sponsored by Bayer Hellas AG*

21:30  Farewell Reception

*Upon invitation*