


Organizers:  INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY, LARISSA, GREECE

 DEPARTMENT OF MEDICINE & RESEARCH LAB OF INTERNAL MEDICINE
UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE
Director: Professor G.N. Dalekos

6th International Congress of Internal Medicine of Central Greece

MARCH 27-29, 2014

Larissa Imperial Hotel

LARISSA, GREECE


<http://www.internalmedicine-uth.gr>

In cooperation with:

DEPARTMENT OF IMMUNOLOGY & HISTOCOMPATIBILITY,
UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE

Under the auspices of:

 UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE

 HELLENIC SOCIETY OF INTERNAL MEDICINE

 INTERNAL MEDICINE SOCIETY OF NORTHERN GREECE

CME credits
will be available

Preliminary Programme

WELCOME MESSAGE

Dear colleagues,

On behalf of the Organizing Committee, it is a great pleasure to welcome and invite you to attend the **6th International Congress of Internal Medicine of Central Greece**, which will take place **March 27-29, 2014** at Larissa Imperial Hotel, in **Larissa, Greece**.

The Congress is organized by the Institute of Internal Medicine and Hepatology and the Department of Medicine and Research Laboratory of Internal Medicine of the University of Thessaly Medical School, Larissa, Greece. The Congress is under the auspices of the University of Thessaly Medical School, the Hellenic Society of Internal Medicine and the Internal Medicine Society of Northern Greece.

In an effort to keep up with the educational nature of the past 5 Congresses, the Organizing and Scientific Committees have prepared a stimulating scientific program, which will highlight the latest scientific achievements in a variety of diseases encountered in everyday clinical practice of Internal Medicine.

The scientific program is comprised of plenary state-of-the-art lectures delivered by invited leading foreign and local experts, along with round tables which address topics with broad, interdisciplinary interest, and oral and poster presentations covering various section fields in Internal Medicine. This Congress provides a unique opportunity for experts to share their experiences and expertise and scientists are encouraged to present their work.

We are confident that the **6th International Congress of Internal Medicine of Central Greece** will be a valuable and enjoyable experience to you.

Kind regards,

The President of the Organizing Committee

Professor George N. Dalekos

*Head, Department of Medicine
& Research Laboratory of Internal Medicine
University of Thessaly Medical School, Greece
President of the Institute of Internal Medicine
& Hepatology, Larissa, Greece*

ORGANIZATION

Organizers:



INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY, LARISSA, GREECE



**DEPARTMENT OF MEDICINE & RESEARCH LAB OF INTERNAL MEDICINE,
UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE**

Director: Professor G.N. Dalekos

In cooperation with:

**DEPARTMENT OF IMMUNOLOGY & HISTOCOMPATIBILITY,
UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE**

ORGANIZING COMMITTEE

President: G.N. Dalekos

Members: K. Krapis
K.P. Makaritsis
C. Mandros
G. Ntaios

SCIENTIFIC COMMITTEE

Members: G. Dimitriadis	H. Giamarellou	K.P. Makaritsis	K. Ritis
M.-A. Dimopoulos	C. Gogos	E. Maltezos	G. Samonis
S. Dourakis	D.I. Hadjidakis	H.M. Moutsopoulos	P. Sfikakis
M. Elisaf	A. Hatzitolios	G. Ntaios	E.V. Tsianos
A. Garyfallos	N.L. Katsilambros	G. Petrikkos	K. Vemmos
N. Gatselis	J. Koskinas	S.A. Raptis	K. Zachou
S. Georgiadou	C. Labropoulou-Karatza	E.I. Rigopoulou	

Under the auspices of:



UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE



HELLENIC SOCIETY OF INTERNAL MEDICINE



INTERNAL MEDICINE SOCIETY OF NORTHERN GREECE

HELLENIC SOCIETY OF INTERNAL MEDICINE BOARD

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Treasurer: C. Savopoulos
Members: G. Liamis
C. Koutras
D. Skoutas

PRELIMINARY SCIENTIFIC PROGRAMME

Thursday, March 27, 2014

14:00 Registration

14:30 - 16:00 ORAL PRESENTATIONS

Chairpersons: A. Polizos, S. Georgiadou

16:00 - 16:30 STATE-OF-THE-ART LECTURE

Chairperson: A. Germenis

Medical residency in Greece. Where we stand?

I. Dimoliatis

16:30 - 17:00 Break

**17:00 - 18:30 ROUND TABLE
Stroke and cervical artery disease**

Chairpersons: T. Tatlisumak, A. Giannoukas

How should I treat my patient with stroke and cervical artery dissection?

T. Tatlisumak

Asymptomatic carotid disease: how confident are we about the benefit of endarterectomy?

G. Ntaios

Symptomatic carotid disease: endarterectomy or stenting?

A. Giannoukas

Voting system

18:30 - 19:00 STATE-OF-THE-ART LECTURE

Hellenic Society of Internal Medicine

Chairperson: S.A. Raptis

Current aspects in diabetes mellitus

G.D. Dimitriadis

19:00 - 19:30 Break

19:30 - 21:00 OPENING CEREMONY

Welcome

Inaugural Lecture

The 19th Century in Greece: The complexities of a painful birth.

M. Efthimiou

21:00 WELCOME RECEPTION

PRELIMINARY SCIENTIFIC PROGRAMME

Friday, March 28, 2014

08:30 - 09:30 ORAL PRESENTATIONS

Chairpersons: **C. Drakoulis, C. Mandros**

09:30 - 10:30 SYMPOSIUM Hepatitis D virus infection

Chairperson: **G.N. Dalekos**

Immunopathogenesis of Delta hepatitis

T. Pollicino

Diagnosis and clinical approach of hepatitis Delta virus infection

D. Raimondo

10:30 - 11:00 E-POSTERS

Coffee Break

11:00 - 12:30 ROUND TABLE Scleroderma

Chairpersons: **P.P. Sfikakis, L. Sakkas**

Vascular manifestations of scleroderma

P.P. Sfikakis

Fibrotic manifestations of scleroderma

D. Daoussis

Localized scleroderma

A. Patsatsi

12:30 - 14:00 SATELLITE SYMPOSIUM

14:00 - 16:00 E-POSTER PRESENTATIONS

Leisure time

PRELIMINARY SCIENTIFIC PROGRAMME

Friday, March 28, 2014

16:00 - 17:30 ROUND TABLE

Peptic ulcer

Hellenic Society of Gastroenterology

Chairperson: **G.I. Mantzaris**

Introduction-Epidemiology

G.I. Mantzaris

Pathogenesis of peptic ulcer

in *helicobacter pylori* infection: **D. Sgouras**

in other etiologies: **S. Michopoulos**

Clinical features, complications, prevention - gastroprotection

G.I. Mantzaris

Treatment of peptic ulcer

in *helicobacter pylori* infection: **A. Mentis**

in aspirin- and NSAIDs-related: **S. Michopoulos**

Management of peptic ulcer complications

S. Michopoulos

17:30 - 18:00 Break

18:00 - 19:30 ROUND TABLE

Non-alcoholic fatty liver disease/non-alcoholic steatohepatitis (NAFLD/NASH)

Hellenic Society for the Study of Liver

Chairperson: **J. Koskinas**

Epidemiology and natural history of NAFLD/NASH

M. Deutsch

Diagnostic flow-chart of NAFLD/NASH

W.K. Syn

NAFLD/NASH: From pathogenesis to treatment

D. Samonakis

19:30 - 21:00 SATELLITE SYMPOSIUM

PRELIMINARY SCIENTIFIC PROGRAMME

Saturday, March 29, 2014

08:00 - 09:00 ORAL PRESENTATIONS

Chairpersons: **G. Giannoulis, S. Skribas**

09:00 - 10:30 ROUND TABLE Infective endocarditis

Chairperson: **G. Saroglou**

Recent epidemiology of infective endocarditis in Greece and worldwide
E. Giannitsioti

Pacemaker-associated infective endocarditis
A. Pefanis

Indications and timing of valve surgery in the management of patients with infective endocarditis
B. Hoehn

10:30 - 11:00 STATE-OF-THE-ART LECTURE

Chairperson: **A. Garyfallos**

Adult Still's disease
N. Akritidis

11:00 - 11:30 E-POSTERS Coffee Break

11:30 - 13:00 ROUND TABLE Myeloproliferative neoplasms

Chairperson: **G. Vassilopoulos**

Management of a patient with a myeloproliferative neoplasm
J. Apostolidis

Chronic myeloid leukemia in the era of 2nd generation tyrosine kinase inhibitors
P. Yannoulia

The come-back of interferon in the management of myeloproliferative neoplasms
J. Kotsianidis

PRELIMINARY SCIENTIFIC PROGRAMME

Saturday, March 29, 2014

13:00 - 14:00 DEBATE
Oncology
Prostate cancer screening

Chairperson: **C. Papandreou**

Pros: Making the case **for** PSA screening

TBA

Cons: Making the case **against** PSA screening

D. Mitropoulos

14:00 - 16:00 E-POSTER PRESENTATIONS

Leisure time

16:00 - 17:30 ROUND TABLE
Endocrine hypertension

Chairpersons: **A. Tsatsoulis, A. Bargiota**

Pathophysiology of endocrine hypertension

K.P. Makaritsis

Cushing's syndrome and hypertension

S. Tigas

Endocrine Hypertension: a black spot in the hypertension arena

J. Lenders

17:30 - 19:00 ROUND TABLE
Recent advances in anticoagulation
Internal Medicine Society of Northern Greece

Chairpersons: **A. Hatzitolios, D. Papazoglou**

Current use of anticoagulants in every-day clinical practice of the internist

C. Savopoulos

Heparin treatment: from unfractionated heparin to low-molecular-weight heparins and their analogues

C. Antonoglou

Novel oral anticoagulants: a new era

R. Hobbs

19:00 - 19:30 Coffee Break

19:30 - 21:00 SATELLITE SYMPOSIUM

21:30 Farewell Dinner

upon invitation

GENERAL INFORMATION

Venue

LARISSA IMPERIAL HOTEL

182 Farsalon Str., GR 413 35 Larissa, Greece
Tel: +30 2410 687600, Fax: +30 2410 687687
Email: li@classicalhotels.com

Website: <http://www.classicalhotels.com/larissaimperial>

Dates & Hours

Thursday, March 27 th , 2014	14:30 - 21:00
Friday, March 28 th , 2014	08:30 - 21:00
Saturday, March 29 th , 2014	08:00 - 21:00

Official Language

The official languages of the Congress are **Greek & English**.
Simultaneous translation (interpretation) will not be provided.

Website

Find all useful information and updates about the Congress at www.internalmedicine-uth.gr
Contact: admin@internalmedicine-uth.gr

Newsletter: If you wish to receive information and be updated about congress issues, you may subscribe in the newsletter subscription form available on the website.

Accreditation

The Congress will be submitted to be approved with Continuing Medical Education (**C.M.E.) Credits** by the Hellenic Medical Society according to the EACCME-UEMS criteria.

Sponsors/ Exhibition

A major exhibition will accompany the Congress, where pharmaceutical and/or equipment/device industries will display relevant products, services and therapeutic developments, reach and interact with the medical community, promote their activities, research and technologies.

For relative information interested Companies may contact the Organizing-Administrative Bureau (info@conferre.gr).

Letter of Invitation

Participants may require an official Letter of Invitation to enable them to overcome administrative difficulties in their countries in order to participate in the Congress. It must be understood that such letters do not imply any commitments from the Congress to provide financial assistance. However, please note that the letter of invitation can only be sent to registered participants. If you require such a letter, please apply to the Secretariat (after your successful registration, please send an e-mail to info@conferre.gr in order to receive your invitation letter on time).

GENERAL INFORMATION

Registration

Registration Fees (Euro/incl. VAT 23%)

Category	Cost
¹ Doctors	70,00€
¹ Trainees	50,00€
² Nursing Staff	Free
² Students	Free
³ Other	30,00€

1. Registration for doctors and trainees includes:

- Admission to the Congress area and scientific sessions
- Admission to the exhibition area
- Congress material
- Certificate of Attendance
- Coffee Breaks
- Welcome Reception
- Farewell Dinner

2. Registration for nursing staff and students includes

- Admission to the congress area and scientific sessions
- Admission to the exhibition area
- Certificate of Attendance

3. Registration for other includes:

- Admission to the Congress area and scientific sessions
- Admission to the exhibition area
- Congress material
- Certificate of Attendance

Accommodation

The Organizing Administrative Bureau has reserved an adequate number of rooms in the Larissa Imperial Hotel (Congress venue) at special rates for the participants for the period of **March 27-29, 2014**. For more information about the rates and accommodation booking process, participants may contact Conferre Ltd. (info@conferre.gr).

Conferre Ltd has been appointed as the official accommodation booking agent for the Congress and will handle all related arrangements.

Requests will be served on a first-come, first-served, space-available basis.

We strongly advise all participants to request for accommodation booking as soon as possible.

The Organizing-Administrative Bureau will not be able to guarantee rooms after January 31, 2014.

Contact

Organizing-Administrative Bureau/Secretariat: Conferre Ltd

4th klm Ioannina-Dodoni Avenue, GR 45110 Ioannina, Greece

Tel.: (+30) 26510 68610, Fax: (+30) 26510 68611

E-mail: info@conferre.gr, Website: www.conferre.gr

Share the knowledge!

Young colleagues are invited to actively contribute to the programme by presenting their research to an international audience of medical experts, through **Oral** and **e-Poster Presentations**.

All submitted abstracts will be reviewed by an abstract Review Committee and all accepted and valid ones will be presented during the scientific programme as an Oral Presentation or an e-Poster Presentation.

**Abstracts should be submitted only through
the online abstract submission form at the official website
www.internalmedicine-uth.gr
Abstracts submitted by email or fax will not be accepted.**


*Please visit the website for all useful guidelines about the preparation and submission
of your abstract!*

Abstract Submission Deadline: January 10, 2014
Notification of Acceptance/Rejection of Abstracts: January 24, 2014

Abstracts of all Oral and e-Poster Presentations of the Congress will be also included in the **e-Abstract Book** of the Congress. All registered participants are entitled to receive a **CD-ROM disc** with the **e-Abstract Book** (included in the Congress material).

Note:

For any abstract submitted for presentation, the Registration Fee for at least one of the authors must be paid (preregistration is required at least 3 weeks prior to the Congress, for confirmation of participation). If a participant pays the Registration Fee in order to submit an abstract and the abstract is finally not accepted, there will be a full refund only if the author does not desire to participate in the Congress and send a written request to the Secretariat within 15 days of the notification of abstract rejection.



Remember the Dates!

Abstract Submission Deadline:

January 10, 2014

Notification of Acceptance/Rejection of Abstracts:

January 24, 2014

Availability for Accommodation Booking

January 31, 2014

Final Programme available via website:

January 31, 2014

Submit your abstract now!